



COMMUNITY OUTREACH EVENTS November & December 2017

Monday's Moments Luncheon

Monday, November 6
Noon – 1:30 p.m.

Courtyard by Marriott

1730 University Drive, State College

Complimentary Lunch Provided

"Stories, How Do They Heal?" - Telling our stories of loss is part of how we heal. Hearing others' stories helps too. This session will include information about the importance of storytelling and provide opportunities to engage in this practice ourselves. Please RSVP by emailing Jackie@JackieHook.com, calling 814-404-0546 or by visiting the Koch Funeral Home Facebook page by Friday, November 3. Space is limited.



National Day of Giving

Tuesday, November 28; All day

#GivingTuesday is a global day dedicated to giving back. On the Tuesday after Thanksgiving, charities, families, businesses, community centers, and students around the world will come together for one common purpose: to celebrate generosity and to give. You can also give to your family with Time for Family, Time for Talk. Visit our website and download the Holiday Guide for more ideas, <http://kochfuneralhome.com/92/Time-for-Family--Time-for-Talk.html>. #HaveTheTalk



HEART Fertility Issues and Loss Support Group

Wednesday, November 8 and December 13

(The second Wednesday of each month)

6:00 p.m. – 8:00 p.m.

CHOICES

2214 N. Atherton Street, Upper Level, State College

This is a monthly support group for women who have experienced fertility issues and/or pregnancy loss. The meeting is a time of sharing, led by individuals who have had similar experiences. For more information, visit www.heartofcpa.org or email info@heartofcpa.org.

Healing through the Holidays Education and Support Group

Every Monday: Nov. 13, Nov. 20, Nov. 27, Dec. 4 and Dec. 11

6:30 p.m. to 8:00 p.m.

CHOICES,

2214 N. Atherton Street, Upper Level, State College

The holiday season can be a difficult time for anyone who has experienced the death of someone special. This education and support/discussion group provides time to talk, share and learn how to cope with these often difficult times. Please join us for these free gatherings. RSVP by emailing Jackie@JackieHook.com, calling 814-404-0546 or by visiting the Koch Funeral Home Facebook page by Friday, November 10. Space is limited.



Monday's Moments Luncheon

Monday, December 4

Noon to 1:30 p.m.

Courtyard by Marriott

1730 University Drive, State College

"Voices of Grief: Honoring the Sacred Journey" - How can we be helpful to someone who is grieving? How do we move through grief ourselves? In this session we will view this critically acclaimed documentary to help us answer those questions. Please RSVP by emailing Jackie@JackieHook.com, calling 814-404-0546 or by visiting the Koch Funeral Home Facebook page by Friday, December 1.

Voices of Grief: Honoring the Sacred Journey

By appointment

This documentary helps us understand the importance of grieving and mourning and how to support one another while we do. To schedule a time for a presentation, please contact Jackie Hook by emailing Jackie@JackieHook.com or calling 814-404-0546.

National Day of Listening

Friday, November 24; All day

This is a day when Americans are encouraged to set aside time to record the stories of their families, friends, and local communities. Join Time for Family, Time for Talk. Visit our website and download the Holiday Guide for more ideas: <http://kochfuneralhome.com/92/Time-for-Family--Time-for-Talk.html>. #HaveTheTalk



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